

# ARCADIA

A research study to test whether blood thinners reduce the risk of another stroke in patients with unexplained strokes and a condition called atrial cardiopathy

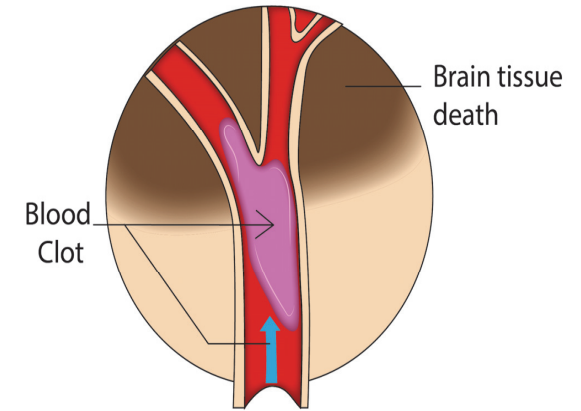
Join us to test whether blood thinners can reduce the risk of another stroke



## Did you know?

- Up to 4 out of 10 strokes are of unknown cause?
- Many unexplained strokes may be due to a condition called *atrial cardiopathy*?
- *Atrial cardiopathy* is similar to another condition called atrial fibrillation, and may similarly benefit from blood thinners?
- There are about 200,000 unexplained strokes per year in the US.

Thank you for considering participation in **ARCADIA!**



## What is ARCADIA?

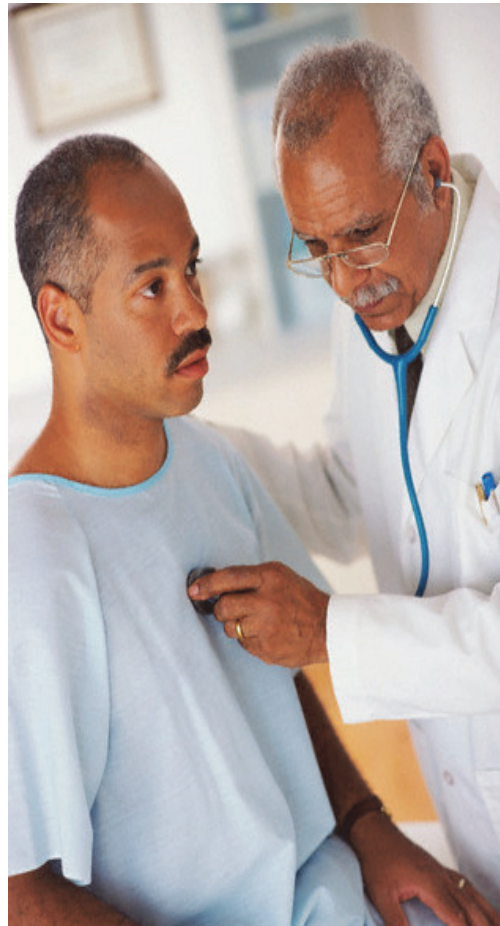
- **ARCADIA** is a federally-funded randomized, blinded clinical research trial, in search of a better way to prevent new strokes after occurrence of an unexplained stroke.
- **ARCADIA** compares apixaban, a blood thinner, to aspirin.
- Participants in **ARCADIA** are patients with atrial cardiopathy and a recent stroke of unknown cause (also called cryptogenic stroke).
- Up to 200 hospital sites in the US and Canada are participating in **ARCADIA**.

## What happens at study visits?

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- **ARCADIA** will recruit 1,100 participants over 2½ years at up to 200 sites in the national NIH StrokeNet Network system.
- Participants will be followed for a minimum of 1½ years and a maximum of 7 years for recurrent stroke and safety outcomes like bleeding.
- Screening: People with unexplained strokes undergo measurements of:
  - Blood test of heart function
  - Heart rhythm test (EKG) reading
  - Review of heart ultrasound
- If you are eligible by one of the above, we will:
  - Meet with you every 3 to 6 months and talk to you about your health.
  - Give you study medication to take every day.
  - Provide you with study medication every 3 months, for as long as you are part of the study.

**There is no cost to participation in the study.**



## Who can participate?

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- Age 45 years or older
- Had a diagnosis of stroke less than 180 days ago
- Had a stroke of undetermined source (also called embolic stroke of undetermined source, or ESUS, or cryptogenic stroke)

To learn more about the **ARCADIA** study, please call:

Name

[Telephone]

[Email]

Visit us on the Web:

<https://www.nihstrokenet.org/clinical-trials/prevention-trials>

<https://clinicaltrials.gov> :  
NCT03192215

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